Bedford Foodbank
Together with Trussell

Reverse Advent Calendar

Thank you for your support.
Please deliver to 8/9 Murdock Road MK41 7PE between 5th January and 15th January 9.30am to 12.00pm.
Email address:
info@bedford.foodbank.org.uk
Telephone 01234 268569

1 Tinned soup	2 Shampoo	3 Chocolate tins or boxes	4 Tinned tomatoes	5 Rice	6 Deodorant
7 Box of biscuits or chocolates	8 Sponge puddings	9 Tinned Tuna	10 Coffee	11 Jam	12 Breakfast cereal
13 Tea bags	14 Chocolate bars	15 Long-life fruit juice	16 Cup A Soup	17 Tinned vegetables	18 Cooking sauces
19 Tinned potatoes	20 Tinned meat	21 Toilet rolls	22 Rice pudding	23 UHT long-life milk	24 Tinned fruit

bedford.foodbank.org.uk

Registered Charity in England & Wales (1179538).