



# Reverse ADVENT CALENDAR

Thank you for your support.

Please deliver to 71 Murdock Road MK41 7PL from 3rd to 5<sup>th</sup> January. 10am to 16.00pm.

Email address: [info@bedford.foodbank.org.uk](mailto:info@bedford.foodbank.org.uk) | Telephone Number: 01234 268569

<b>1</b> Tinned Vegetables	<b>2</b> Tinned Fruit	<b>3</b> Jars of Pasta Sauce	<b>4</b> UHT Fruit Juice	<b>5</b> Cup A Soup	<b>6</b> Tinned Custard
<b>7</b> Long Life Sponge Pudding	<b>8</b> Washing Up Liquid	<b>9</b> Jars of Jam	<b>10</b> Wooden Spoon	<b>11</b> Biscuits	<b>12</b> Tin Openers
<b>13</b> Size 6 Nappies	<b>14</b> Tinned Tuna	<b>15</b> Soap/Liquid handwash	<b>16</b> Toothpaste	<b>17</b> 500g Rice	<b>18</b> Deodorant
<b>19</b> Tinned Rice Pudding	<b>20</b> Tea Bags (40/80)	<b>21</b> Coffee 100g	<b>22</b> Bar of Chocolates	<b>23</b> UHT Milk	<b>24</b> Tinned Meat

[www.bedford.foodbank.org.uk](http://www.bedford.foodbank.org.uk). To donate money <https://bedford.foodbank.org.uk/give-help/donate->

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