

40 PENCE FOR 40 DAYS

#40for40



By giving up **40 pence a day** for the **40 days of Lent** you can raise enough to help support **a local family in crisis this Easter.**

*All you have to do is find an old jam jar, or similar container and start collecting!
Then bank the contents and send a cheque together with this form to:*

Bedford Foodbank 71 Murdock Road Manton Industrial Estate
Bedford Mk41 7PL

Cheques made payable to: Bedford Foodbank

Alternatively, you can donate online at:
bedford.foodbank.org.uk/donate-money



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